**SURFACE LINE WEEK EVENT PLAN**

**EVENT: TUG OF WAR**

**COMMAND SPONSORING EVENT** **EVENT COORDINATOR**

CNSL LCDR Gregory DeJute

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**EVENT LOCATION**

Breezy Point Park, Naval Station Norfolk

**EVENT DESCRIPTION**

* Athletic event to determine which command possesses the strongest Sailors on the waterfront.
* Commands will register one team consisting of ten individuals.
* See enclosure (2) for specific time/date of event.

**EVENT RULES**

* The tug of war tournament will be a single elimination event, with winners moving on in the bracket until an undisputed champion has been identified.
* As soon as the whistle blows, each team will start pulling the mooring line into their territory. The objective of the game is for each team to pull the mooring line along with the members of opposition team to their side until the white marker on the mooring line crosses over the center line. Only one member from each team will serve as anchor, and pull from within the eye of the line; all other contestants must keep their elbows above knee level while pulling the rope and at least two feet from the anchor. In the event any member falls down to the ground before the conclusion of the match they are immediately disqualified, and their team must continue without them.
* CNSL provided event staff will be the authority and final call on all in-tournament matters, apart from any circumstance in which CNSL would directly or indirectly benefit, at which point the SLW Coordinator would rule on the matter in question. Any team caught tampering with the equipment prior to event start, or pulling before signaled will get one warning before disqualification.

**EVENT MATERIAL OR GEAR**

* NO CLEATS ARE ALLOWED
* A mooring line will be provided by CNSL. There will be a red flag tied to the middle of the line. This red flag will be perpendicular to the center point on the ground, prior to the commencement of the game. A marker will be indentified exactly 20 feet from the red flag on both sides of the mooring line.

**EVENT SAFETY PLAN**

* A general safety brief will be conducted for all participants prior to event start.
* The Event Coordinator will notify NAVSTA Norfolk Emergency Services in the event of a significant injury.